



Simple Sauna Sizing

Sizing Your Saunum

One - Measure Area

$$L \text{ _____ } \times W \text{ _____ } \times H \text{ _____ } = \text{ _____ } \begin{matrix} \text{Cubic} \\ \text{Feet} \end{matrix}$$

Two - Calculate Cold Surface* Adder

$$\text{Cold Surface Square Feet: } \text{ _____ } \times 3.9^* = \text{ _____ } \begin{matrix} \text{Cold} \\ \text{Surface} \\ \text{Adder} \end{matrix}$$

Three - Saunum Size

$$\text{Sauna Cubic Feet } \text{ _____ } + \begin{matrix} \text{Cold} \\ \text{Surface} \end{matrix} \text{ Adder } \text{ _____ } = \text{ _____ } \begin{matrix} \text{Saunum} \\ \text{Heater} \\ \text{Size} \end{matrix}$$

*Cold surface materials include glass, tile walls, brick, concrete, and stone. These materials affect sauna heater sizing. For each square foot of cold surface materials (excluding door), an additional 3.9 cubic feet must be added to the total room volume calculation.